

Nomination for Lifestyle Change Award

The American Heart Association, together with our Lifestyle Change Award Sponsor **San Antonio Community Hospital**, wants to recognize people who have made positive changes to improve their quality of life and health. No change is too small, and every accomplishment is significant. Nominations for the Lifestyle Change Award can be submitted by friends, co-workers and relatives. In addition, individuals are welcome to nominate themselves. Winners will be selected by a volunteer committee.



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**SAN ANTONIO
COMMUNITY HOSPITAL**

Nominations will be accepted until Friday, May 3, 2013

Nominations can be submitted by one of the following methods:

- Emailing the completed form to Veronica.Castaneda@heart.org
- Faxing the completed form to (951) 684-3162
- Mailing the completed form to 1700 Iowa Ave., Suite 240, Riverside, CA 92507

Nominee Name: _____

Company/Worksite: _____

How may we contact the nominee if he or she is selected?

Phone: _____ Email: _____

Nominated by: _____

Phone: _____ Email: _____

Relationship to nominee: _____

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